



1000 Hände



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(short description)

1000 Hände is a low-threshold offer for people with low chances of success in the job market, such as ex-convicts, physically and mentally disabled or homeless people, and former drug users who have gone through rehabilitation.

By means of simple manual work, re-entry into everyday work structures is made possible. We all know how such a framework, such an anchor is crucial to keep us grounded. Working with our own hands - the bodily experience of this act - plays an important role in this process. In our case, this is achieved through the preparation of pastries and, in subsequent phases of the project, bread. The job requires little prior knowledge and can be learned easily. In a broader sense, we also touch the question of what nurtures us - both body and mind.

Volunteers with a love of baking who want to deepen their Buddhist practice through spiritual care accompany our employees through the process of integration or reintegration into a structured daily routine. Employees, however, are not required to practice Buddhism, nor are they asked to convert. We do not proselytize or discriminate anyone based on their worldview. Everybody is welcome and appreciated.

To ensure a smooth start of the project, we will first work in a rented catering kitchen and produce baked goods as wholesalers for culinary establishments and retail. In the beginning, about ten different high-quality organic pastries from around the world will be produced and sent to retail partners such as health food stores or small restaurants and cafés.

The first year of this process is already financially secured, thanks to a generous donation. We kindly ask you to donate as well, so we can realize our project through all phases!

Further steps will include living spaces for employees, a bakery and a small café as well as integrated training for Buddhist spiritual care. At the moment, preparations are being made for launching the above-mentioned phase of producing baked goods as a wholesaler and caterer starting in mid-2020.

Further information can be found in our detailed description, which we will gladly send to you on request:

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